



## Croft Head: a challenge, a journey

We moved into Croft Head in the spring of 2012. It is a stone built former farmhouse. There is a date plaque which says 1884 on the front, but some of the building is older, and some newer than that. Our predecessors had replaced all the windows with UPVC double glazed units. Adjacent to the house is a former barn (probably older than the house), the ground floor of which is partly used as a garage and workshop, while the rest has been converted into self contained living accommodation.

Work undertaken to date consists of:

- Internal wall and ceiling insulation using Kingspan in the barn conversion, undertaken when it was converted in 2013/14.
- Installation of solar PV panels on the south facing barn roof in 2013.
- Internal wall insulation in the kitchen using 10cm cork insulation panels, and lime plaster, in 2015. The kitchen is on the north side of the house and has three external walls. Heating it became a real challenge when we took the gas fired Aga out!
- Internal wall insulation in two of the upstairs 'bedrooms', now used as home offices, using 10cm woodfibre and lime plaster.
- Additional insulation in the attic.



I will be happy to discuss any or all aspects of this journey.

Please email or ring (07803507079) to arrange a visit. There is plenty of parking space in the drive. There are steps into the house and a staircase to access the first floor.

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